



Highland Hornet Invite



Date: Friday April 3, 2020

Address: Highland High School
4150 Ridge Road
Medina, OH 44256

Participating Teams: Copley (Boys), Highland, Magnificat (Girls), North Ridgeville, Olmsted Falls, St. Vincent St. Mary, Uniontown Lake

Meet Entries will be completed online at www.baumspage.com

Entry Deadline: Tuesday, March 31, 2020 @ (7:00 pm)

Teams are limited to two entries per event.

Admission: Adults/Students \$5.00 *Students 10yrs old and under: *Free*

Wheelchair Athletes: If there are athletes, we will run the 100m, 800m and shot for wheelchair athletes. Please inform us as soon as possible if you have a wheelchair athlete.

Scoring: 10-8-6-4-2-1

Awards: Medals – 1st thru 3rd

Trophies: 1st place boys and girls teams

Track Surface: The Highland High School track is an all-weather 8 lane surface. Athletes may use ¼” pyramid spikes. Athlete’s spikes will be checked in the bull pen.

Starting Heights: Pole Vault – Boys - 8’6”, Girls – 6’6” High Jump – Boys –5’0”, Girls – 4’0”

Shot/Discus: Athletes will be assigned to flights. Each will have 4 throws. (No Finals)

Long Jump: An open pit format will be used with each athlete getting 4 jumps. (No Finals)

Athletic Trainer: A certified athletic trainer will be available to handle athletes’ medical needs and emergencies.

Concessions: The Highland Athletics Boosters will operate a concession stand with a wide variety of refreshments.

Restrooms will be provided but locker rooms will not be available. Your athletes will not be permitted into the locker rooms.

Team Camps are to be set up on the visitor side of the stadium. Teams may also use the visitor side bleachers for their camps.

T-Shirts will be on sale at the meet.

Josh Victor – Highland Boys Track & Field

Email – victor@highlandschools.org

School: 330.239.1901 ext. 1701

Paul Lushes – Highland Girls Track & Field

Email – plushes@highlandschools.org

School: 330.239.1901 ext. 2256



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2020 Hornet Invite – Time Schedule

Coaches' Meeting: 3:45 p.m.

Field Events - Start at 4:00 p.m.

Boys

High Jump

Discus

Girls

Long Jump

Shot Put

Pole Vault

- Starting height for the boys' pole vault is 8'6". Starting height for the girls' pole vault is 6'6".
- High Jump- Girls (4'0", 4'3", 4'6", 4'8", 4'10", 5'0", 5'1", 5'2", etc.)
- High Jump- Boys (5'0", 5'3", 5'6", 5'8", 5'10", 6'0", 6'1", 6'2", etc.)
- Shot Put and discus will have four attempts with no finals.
- Long jump will be open pit. All athletes will have 1 hour to complete four attempts with no finals. (Girls: 4:00 p.m. to 5:00 p.m.) (Boys: 5:00 p.m. to 6:00 p.m.)
- Remaining field events will begin after the completion of the 4:00 events.

Running Events: 4:30 p.m.

(Qualify top 2 from each heat plus next 4 fastest)

Prelims:

Girls 100 Meter Run

Boys 100 Meter Run

Girls 100 Meter Hurdles

Boys 110 Meter Hurdles

Girls 200 Meter Dash

Boys 200 Meter Dash

Finals - 20 minutes after the completion of the Prelims.

4x800m Relay (Girls / Boys)

100m / 110m Hurdles

100m

4x200m Relay

1600m

4x100m Relay

400m

300m Hurdles

800m

200m

3200m

4x400m Relay